



Maharishi Mahesh Yogi®

# MAHARISHI™ VEDIC EXPERTS TOUR

July – December 2009

We are delighted to announce that Maharishi Vedic Experts from India will be in the United Kingdom from July 2009, subject to successful visa applications. We hope that you will be able to take advantage of these special courses. All courses are open to Meditators and Sidhas unless otherwise stated.

## Advanced Techniques of Transcendental Meditation™

*“The purpose of Advanced Techniques is to take the experience to another, higher level. Advanced Techniques are like fertilisers; fertilisers bring better fruit to every tree. To enjoy great achievement and fulfilment in life, take advantage of this beautiful programme of Advanced Techniques to enrich the development of higher states of consciousness.”*

– Maharishi Mahesh Yogi

All those who have been practising Transcendental Meditation or an Advanced Technique regularly for a minimum of two months, may apply for instruction in an Advanced Technique. The recommended duration of regular practice between one Advanced Technique and the next is four months, but two months is adequate if the experiences are good and the course is only available at that time. If there are any questions, please apply anyway and the Advanced Technique Teacher will advise about the appropriate next step for you. Likewise, there must be at least two months between learning an Advanced Technique and learning the TM-Sidhi programme®.

The Advanced Technique course includes three meetings: orientation, personal instruction, and verification and validation of experiences. Each meeting lasts one to two hours.

*“I learned two Advanced Techniques within a six months period, and found them to be a natural addition to and a profoundly enriching feature of my daily Transcendental Meditation practice.”* I.C.

## Maharishi Vedic Vibration Technology

This special technology is a gentle, non-medical, non-invasive approach that uses the ancient knowledge of Vedic sounds to improve the health of individuals suffering from a wide range of physical and emotional disorders. Excellent results were reported in the UK last year.

To read testimonials, articles and scientific research and to apply online please look at [www.mvvt.org](http://www.mvvt.org). Having applied online please contact us to arrange a consultation. This technology is also available for *Pragyaparadh* (the mistake of the intellect – identifying with diversity rather than Unity i.e. not

yet being fully enlightened!) and for *Enlivening 40 Aspects of Veda in the Physiology*. A consultation consists of three sessions over three consecutive days per disorder – up to four disorders can be addressed at the same time. For further background information please look at [www.vedicvibration.com](http://www.vedicvibration.com)

*“The treatment was extremely blissful.”* G.M.

*“I experienced immediate relief from my condition and the improvement is continuing.”* N.R.

## TM-Sidhi Refresher Course

Wonderful results have been reported for this highly popular course, which provides an opportunity to refresh your understanding and experience of the TM Sidhi programme.

*“Maharishi's emphasis on naturalness and effortless in his instructions from this course has transformed my experience of the TM-Sidhi programme. I now experience a subtlety and depth that was not apparent before.”* J.W.

## TM-Sidhi Course for Meditators

*“The TM-Sidhi programme is the key to heavenly life on earth. This is because it trains the conscious mind to function from bliss consciousness, the self-referral state of pure consciousness, which is the total potential of Natural Law.”*

–Maharishi Mahesh Yogi

**The TM-Sidhi programme** is a natural extension of the Transcendental Meditation programme accelerating progress towards realising our full potential - the state of enlightenment. The TM-Sidhi course can be taken after two months of regular practice of Transcendental Meditation.

## New Structure

Maharishi created a new structure for the TM-Sidhi Course, which requires applicants to have been instructed in four Advanced Techniques of Transcendental Meditation. The TM-Sidhi Course can be taken after two months regular practice since learning one's fourth Advanced Technique. The next TM-Sidhi Course is scheduled to begin in August 2010. For more information please contact the Course Office at Maharishi European Sidhaland, see overleaf.

# Maharishi Vedic Experts Tour Schedule

*July – December 2009*

## Maharishi European Sidhaland, Skelmersdale, Lancashire

**TM-Sidhi Refresher Course:** 25-26 July and 22-23 August • **Advanced Techniques:** 1-2, 8-9, 17-18, 31 August – 1 September

**Maharishi Vedic Vibration Technology:** 28-30 July, 4-6, 11-13, 19-21, 25-27 August.

Enquiries and bookings, please contact Jane Strachey, tel: 01695 51617,

email: [courseoffice@maharishi-european-sidhaland.org.uk](mailto:courseoffice@maharishi-european-sidhaland.org.uk)

## Maharishi Garden Village, Rendlesham, Suffolk

**Advanced Techniques:** 26-27 September, 3-4 October

**Maharishi Vedic Vibration Technology:** 29 September – 1 October

Enquiries and bookings, please contact Eric and Felicity Kaplan, tel: 01394 421084,

email: [info@peacepalace.org.uk](mailto:info@peacepalace.org.uk)

## Leicester Maharishi Invincibility Centre™

**TM-Sidhi Refresher Course:** 10-11 October • **Advanced Techniques:** 8-9 October

**Maharishi Vedic Vibration Technology:** 12-14 October

Enquiries and bookings, please contact Susan Lincoln, tel: 01455 554608, email:

[susanlincoln@btopenworld.com](mailto:susanlincoln@btopenworld.com)

## London Maharishi Invincibility Centre

**TM-Sidhi Refresher Course:** 17-18 October • **Advanced Techniques:** 19-20 October

Enquiries and bookings, please contact Jonathan Leslie, tel: 020 8749 5442,

email: [mail@tm-london.org.uk](mailto:mail@tm-london.org.uk)

## Cardiff Maharishi Invincibility Centre

**TM-Sidhi Refresher Course:** 24-25 October • **Advanced Techniques:** 26-27 October

**Maharishi Vedic Vibration Technology:** 28-30 October

Enquiries and bookings, please contact Helen Evans, tel: 0292 0568992,

email: [helen.evans27@talktalk.net](mailto:helen.evans27@talktalk.net)

## Edinburgh Maharishi Invincibility Centre

**TM-Sidhi Refresher Course:** 28-29 November • **Advanced Techniques:** 30 November–1 December and 2–3 December • **Maharishi Vedic Vibration Technology:** 25-27 November

Enquiries and bookings, please contact Angela Landers, tel: 0131 668 1649,

email: [tmedin@tmScotland.org](mailto:tmedin@tmScotland.org)

## Glasgow Maharishi Invincibility Centre

**Advanced Techniques:** 5-6, 12-13 December • **Maharishi Vedic Vibration Technology:** 8-10 December

Enquiries and bookings, please contact Angela Landers, tel: 0141 339 9916,

email: [tmforlife@gmail.com](mailto:tmforlife@gmail.com)

## Further Opportunities

There may be further opportunities for these courses from mid-December – mid January 2010. This may be of particular interest if you want to get a further Advanced Technique while the Vedic Experts are in the country. Please register your interest with the Course Office at Maharishi European Sidhaland, contact Jane Strachey or Anne Lauder, tel: 01695 51617, email: [courseoffice@maharishi-european-sidhaland.org.uk](mailto:courseoffice@maharishi-european-sidhaland.org.uk)

### Course Fees

*all fees are exclusive of meals and accommodation*

**TM-Sidhi Refresher Course** • £150

**Advanced Techniques of Transcendental Meditation** • £640 Standard Fee • £390 for full-time students with a student card  
• £960 for married couples

**Maharishi Vedic Vibration Technology** • £600 for first disorder, £300 for additional disorders

**TM-Sidhi Course** • £1,920 Standard Fee • £1,280 for full-time students with a student card • £2,880 for married couple